

CALLS TO ACTION: WHAT CAN YOU DO?



“The Bauta Family Initiative on Canadian Seed Security has galvanized the Canadian seed community. Myself and other seed growers have benefited from the resulting synergy.

- Kim Delaney, Founder of Hawthorn Farm Organic Seeds, Ontario



How to Save Your Own Seeds
> seeds.ca/books

Sign up to stay in touch
> bit.ly/calltoaction-signup

ALL OF US

KNOW WHERE YOUR FOOD AND WHERE YOUR SEED COME FROM

Eat

Encourage seed diversity through the food you eat. Learn to love unusual varieties of fruits and veggies, and buy from local farmers who use ecological seeds whenever you can. If we don't eat it, we risk losing it.

Grow

Grow food and challenge yourself to plant a variety of interesting seeds from local seed producers. Save seeds from your crop and share them with others. For info on saving seeds from common garden crops, get your [How to Save Your Own Seeds](#) guide from Seeds of Diversity Canada. Seeds of Diversity can also point budding seed enthusiasts in the direction of a local seed saver, with their Canadian Seed Catalogue. Or find local seed grown where you live with the [Ecological Seed Finder](#).

Learn

Learn more about the world of seeds. The laws, regulations and markets related to seeds are changing worldwide, and climate change adds a new layer of challenges for seeds and farmers. Sign up to the [SeedChange email list](#) to stay in touch.

Advocate

Speak out against policies that restrict farmers' rights to save seed, and speak in favour of policies that enable the development of public domain, regionally-adapted, biodiverse, ecological seed. Our team authored [a primer on Canadian seed regulations](#) in 2014. It provides useful background, and keep in mind that there is a review of these very policies being discussed in 2019.

Start a conversation

Spread the seeds of awareness – our underground heroes can't speak for themselves. Tell your friends, family, and grocer why you care about food grown from ecological, locally-adapted seeds. Encourage your networks to support the many organizations working for seed diversity. Follow us on [Facebook](#) and [Twitter](#) for resources to share with your friends.

Support

Get to know SeedChange and the seed savers we work with in [Canada](#) and [around the world](#). Connect with us or [donate if you can](#).

RESOURCES

The Bauta Family Initiative on Canadian Seed Security
[seedsecurity.ca](#)

Seeds of Diversity Canada
[seeds.ca](#)

Community Seed Network
[communityseednetwork.org](#)

Ecological Seed Finder
[seeds.ca/seedfinder](#)

SeedChange
[weseedchange.org](#)



> [@weseedchangeorg](#)



Learn about the seed movement in Canada
> [seedsecurity.ca](#)

Meet seed savers around the world
> [weseedchange.org](#)

Donate
> [weseedchange.org/donate](#)

“The personal connections made through The Bauta Family Initiative made [our pepper breeding] project possible. The importance of this breeding work cannot be underestimated! Farmer-led crop improvement has such great potential for introducing robust new varieties.

- Katherine Rothermel,
Kitchen Table Seed House