

## CALLS TO ACTION: WHAT CAN YOU DO?

Seed work is slow work - there is so much to do and no single individual or group can do it alone. We share these concrete calls to action as suggestions for how to contribute to Canadian seed work, and we welcome ongoing engagement on how we can all work together to truly build resilient seed systems in Canada.



### SEED GROWERS AND FARMERS SAVE SEED AND TEACH OTHERS

Without you, we would not have seeds and we would not have food. Thank you for all that you do.

#### Save good quality seed

We have a comprehensive set of [online training resources](#), including a “Train the Trainer” toolkit, a bibliography of resources for seed production and seed banking, and numerous videos and webinars. If you are an aspiring vegetable seed grower, enrol in the Canadian Organic Growers online course on [Organic Vegetable Seed Production](#). [Get in touch with your regional coordinator](#) to learn more about resources and training in your area.

#### Scale up your seed production

[Research by the Canada Organic Trade Association](#) clearly shows that we need more regionally-grown seed in Canada to meet the demand of organic and ecological farmers. Use the [business resources provided by our partners at BC Seeds](#) and the [production resources](#) and [marketing resources](#) provided by the [Prairie Organic Grain Initiative](#) to understand both the economic and production dynamics of how to scale up your vegetable seed and/or field crop seed operation.



Training resources  
> [seedsecurity.ca/en/resources](https://seedsecurity.ca/en/resources)

Organic seed production course  
> [cog.ca](https://cog.ca)

Business resources  
> [bcseeds.org](https://bcseeds.org)

Production and marketing resources  
> [pivotandgrow.com](https://pivotandgrow.com)

The Market for Organic and Ecological Seed in Canada  
> [seedsecurity.ca/en/resources](https://seedsecurity.ca/en/resources)

## Conduct a variety trial

Variety trials help farmers, seed growers, and plant breeders identify the best performing varieties for food, for seed, and to create new varieties. [Get in touch with your regional coordinator](#) to participate in any of our national and regional variety trial programs, or [learn how to conduct variety trials on your own farm](#).

## Breed your own variety

In collaboration with the University of Manitoba, the University of British Columbia, and other research partners, we support farmers in developing their own varieties of wheat, oats, potatoes, and market garden vegetables. [Get in touch with your regional coordinator](#) to participate in any of these breeding programs, or to [learn how to breed your own farm variety](#).

## Share your knowledge

Lead seed workshops in your region, host field days on your farm, become a seed mentor, and work with regional partners to find other ways to support aspiring seed growers.

You have so much knowledge to share and the next generation of seed producers are hungry to learn. [Get in touch with your regional coordinator](#) if you'd like to partner on seed training in your community.

## Buy local seed

Use the [Ecological Seed Finder](#) to support local seed producers and buy local seed. There are also online directories available showing which farms and companies sell local seed in [British Columbia](#) and [Atlantic Canada](#). If regional seed growers are not producing the varieties you need or not enough, let them know! It's the only way we can increase our capacity to provide better seed for farmers in Canada.



Find your regional coordinator  
> [seedsecurity.ca/team](https://seedsecurity.ca/team)



Learn how to conduct variety trials and breed your own farm varieties  
> [seedsecurity.ca/videos](https://seedsecurity.ca/videos)



Find local seeds  
> [seeds.ca/seedfinder](https://seeds.ca/seedfinder)

Find seeds in Atlantic Canada  
> [acornorganic.org/seedsecurity](https://acornorganic.org/seedsecurity)

Find seeds in British Columbia  
> [bcseeds.org/bc-seed-companies](https://bcseeds.org/bc-seed-companies)